



4602

Behavioral
Emergencies

Treatment Protocol



Last Reviewed: October 4, 2022

Last Revised: July 1, 2026

BLS Patient Management

- **Establish, maintain, and ensure:**
 - A. A patent and easily managed airway. Use manual maneuvers (head-tilt/chin-lift or jaw thrust), oropharyngeal suction and/or airway adjuncts (OPA/NPAs) as clinically indicated
 - B. Adequate respirations and tidal volume. Use a mouth-to-mask device or bag valve mask (BVM), when clinically indicated. Rescue ventilations via a BVM require the use of a manometer. Waveform /digital capnography is required when paramedics are present
 - C. Controlled bleeding. Use direct pressure and/or pressure dressing(s) and/or tourniquet(s) and/or hemostatic dressing(s), as clinically indicated
 - **Oxygen**
As clinically indicated. Titrate to maintain, or increase, SpO₂ to a minimum of 94%. A range of 88-92% is acceptable for patients with a history of COPD
 - Attach ECG leads to the patient when a paramedic is present
 - Position the patient as clinically indicated for safety, comfort, and to meet physiologic requirements
 - Apply four-point restraints and spit sock as clinically indicated. Never restrain a patient supine or prone. Transport in low to high Fowler's position
- Prevent positional asphyxiation by avoiding prone positioning, hog-tie applications or limiting diaphragmatic excursion
- Perform cooling measures as clinically indicated

ALS Patient Management

- Interpret and continuously monitor ECG, SpO₂ and waveform/digital capnography
- **For patients requiring chemical restraint when physical restraints are ineffective and who pose an immediate danger to themselves or others, due to:**
 - **Severe agitation/aggression OR**
 - **Severe distress, who are at potential risk for sudden death**

IM Versed is preferred in this circumstance.

Adults: Midazolam 5 mg IM/IN. **MAY REPEAT ONCE. ADDITIONAL ADMINISTRATIONS REQUIRE A BASE HOSPITAL ORDER (BHO).**

****OR****

Midazolam 2.5 mg slow IVP/IOP. **MAY REPEAT ONCE. ADDITIONAL ADMINISTRATIONS REQUIRE A BASE HOSPITAL ORDER (BHO).**

Pediatrics: Midazolam 0.2 mg/kg IM/IN. **MAY REPEAT ONCE AFTER 5 MINUTES. ADDITIONAL ADMINISTRATIONS REQUIRE A BASE HOSPITAL ORDER (BHO).**

****OR****

Midazolam 0.1 mg/kg slow IVP/IOP. **MAY REPEAT ONCE AFTER 5 MINUTES. ADDITIONAL ADMINISTRATIONS REQUIRE A BASE HOSPITAL ORDER (BHO).**

- **For hyperthermia or heat illness symptoms related to severe agitation/aggression/distress**
Adults: Normal Saline 250 mL IV/IO bolus. **MAY REPEAT AS CLINICALLY INDICATED TO A MAX ADMINISTRATION OF 2 L.**

Pediatrics: Normal Saline 20 mL/kg IV/IO bolus. Use a volume control administration set for accurate dosing. **MAY REPEAT AS CLINICALLY INDICATED.**

- | | |
|--|--|
| | <ul style="list-style-type: none">• For suspected hyperkalemia associated with heat illness/hyperthermia
INITIAL AND REPEAT ADMINISTRATIONS FOR ADULTS AND PEDIATRICS REQUIRE A BASE HOSPITAL ORDER (BHO).
<u>Adults:</u> Sodium Bicarbonate 50 mEq slow IVP/IOP.

<u>Pediatrics:</u> Sodium Bicarbonate 1 mEq/kg slow IVP/IOP. |
|--|--|

Patient Disposition

If a 911 dispatched call results in a patient on a 5150 that requires transport by ambulance, they shall be transported to the closest emergency department.