PURPOSE
To establish a program to refer individuals who are experiencing a crisis to approved destinations and resources through the use of a Community Assessment and Transport Team (CATT).

AUTHORITY
California Health and Safety Code - Division 2.5: Emergency Medical Services [1797. - 1799.207.]

Initial Requirements
Personnel
1. Emergency Medical Technicians: will meet all training, license, and certification requirements per REMSA policy.
2. Behavioral Health Specialist or Clinical Therapist: will meet all training, license, and certification requirements per Riverside University Health System – Behavioral Health (RUHS – BH) policy.
3. All CATT personnel will receive at least eighty (80) hours of training on:
   a. EMS Specific Curriculum
      i. CPR, AED, naloxone administration, basic first aid and bleeding control
   b. Crisis intervention curriculum:
      i. De-escalation techniques, crisis health assessments, community resources and client navigation
   c. All other training as required by RUHS - BH and / or REMSA

Vehicles
All vehicles will be agreed upon by REMSA and Ambulance Contractor prior to use in this program. These vehicles will conform to the highest standards for crash safety ratings and passenger safety systems. An interior partition or barrier will be installed in the vehicle to provide separation between the driver and passenger compartments for vehicle occupant safety. All vehicle exterior colors, lettering, graphics, and markings will be approved by REMSA.

Equipment
Vehicles utilized by CATT personnel will be considered Light Response for the purposes of determining the appropriate standard equipment and minimum quantities that must be carried. Refer to REMSA policy #3303 (Drug and Equipment List).

Additional equipment for CATT personnel will include naloxone, a glucometer, and a pulse oximeter.

Continuous Requirements
In addition to the maintenance of personnel, vehicle and equipment criteria listed above, Contractor will ensure the following criteria are also continuously met:

Documentation
A REMSA electronic patient care report (ePCR) will be completed for every incident as outlined in Policy #7701 (Patient Care Records).
CQI
1. Provide targeted continuing education activities to further the knowledge base of the field personnel who provide care as part of this program.
2. Develop criteria for evaluation of field personnel who provide care as part of this program, to include, but not be limited to:
   a. Timely audits for 100% of ePCRs for CATT unit.
   b. Direct observation, as needed.
   c. Routine quarterly and annual performance evaluations.
   d. Design of corrective action plans for individual deficiencies.
3. Develop a process for identifying trends in the quality of field care by:
   a. Submitting reports as specified by REMSA
   b. Designing and participating in educational offerings based on problem identification and trend analysis.
   c. Making approved changes in internal policies and procedures to comply with REMSA policies.
   d. Track and report all requests for and utilization of CATT unit

Procedure for Requesting CATT Unit Response
For an individual in crisis, law enforcement or EMS personnel on scene will determine, if the individual would benefit from a response by CATT team and will contact Ambulance Contractor Dispatch Center directly to request CATT unit response. Ambulance Contractor will manage all requests for, and aspects of, CATT unit deployment. CATT Unit Response Time should be less than thirty (30) minutes from the time the available unit is notified by dispatch (eTimes.03) to the time the unit arrives on scene (eTimes.06). Exceptions on the time requirement are made due to circumstances limiting availability of the CATT unit (e.g., already deployed on another call, after hours request, or remote location).

Before placing an individual on a WIC 5150 or 5585 hold, attempts should be made by law enforcement to request a CATT unit response.

Procedures for CATT Personnel
Change in patient condition or recognition of a life-threatening illness or injury
An ALS Ambulance will be requested immediately if at any time during the patient encounter, a life-threatening illness or injury is recognized or if there is a change in patient condition.

If an individual is experiencing respiratory depression with a rate less than 12 or are in complete respiratory arrest as a result of a suspected opioid overdose, an ALS ambulance will be requested immediately, and CATT personnel will administer naloxone using the following treatment algorithm:

**Adults:** Naloxone 0.5 mg (0.5 mL) IN ONLY. MAY REPEAT PRN. TITRATE TO IMPROVEMENT OF RESPIRATORY DEPRESSION, NOT RESOLUTION OF AMS.

**Total naloxone administration may not exceed 10 mg.**

All other patients
1. On arrival at the scene, a crisis assessment and health screening will be performed by CATT personnel. This screening will include, but not be limited to:
   a. A crisis assessment and triage by a licensed clinician
   b. A review of the individual’s past medical history, allergies, and current medications
   c. Obtaining baseline vital signs to include, but not be limited to heart rate, respiratory rate, blood pressure, SpO2 level, blood glucose and pain severity level
2. Based on assessment findings, a determination will be made that the individual is either appropriate, or inappropriate, for transport by CATT unit.
Individuals That May Be Appropriate for Transport by CATT Unit

The following individuals may be eligible for transport by CATT unit if they meet all (ALL) criteria listed below:

1. 18 years old or older
2. Have current capacity to make medical decisions
3. Are cooperative, compliant, not requiring restraints, and able to ambulate without assistance
4. Are negative for any signs / symptoms of life-threatening illness or injury
5. Are negative for any signs / symptoms of infectious disease (COVID-19, influenza, TB, etc.)
6. Have a heart rate between 60 and 100 bpm
7. Have a systolic blood pressure between 100 and 160 mmHg
8. Have a respiratory rate between 12 and 20 per minute
9. Have an SpO2 between 92 and 100% on room air or on oxygen if chronically oxygen dependent
10. Have a blood glucose between 80 - 250 mg/dL

If an individual is found to meet all (ALL) of the above criteria, they may be appropriate for transport by CATT unit; however, they must still be evaluated by a licensed clinician.

Approved Destinations

As determined by the results of the crisis assessment and health screening, an appropriate destination will be chosen by the Clinical Therapist based on bed availability, patient coverage and patient preferences if any. If the individual has no preference, the destination will be the closest appropriate facility. All destinations must be approved by Riverside County Mental Health Crisis Services and Riverside County EMS Agency. Examples of possible destinations include, but are not limited to, Psychiatric Emergency Services, Crisis Residential Treatment Facility, sobering center, shelters, and emergency departments.

24/7 Mental Health Urgent Care Centers (MHUC)

1. MHUC Riverside: 9980 County Farm Rd, Bldg. 2, Riverside 92503
   Phone: (951) 509-2499

2. MHUC Perris: 85 Ramona Expressway, Ste. 1-3, Perris 92571
   Phone: (951) 349-4195

3. MHUC Palm Springs: 2500 N. Palm Canyon Dr., Ste. A4, Palm Springs 92571
   Phone: (442) 268-7000